Finding Your Spiritual Leader

In all times people have talked about spiritual guides and spiritual leaders as if they were the same thing. Both of these can now be living persons or spiritual beings from our world or other forms of worlds, dimensions or existences. Many said that the guides were the ones that showed and suggested, while the spiritual leaders took on more the role to really lead the people. Everyone had guides, but not everyone had a spiritual leader. However it was before, it is now different. Because all humans are different, but will still a Spiritual Leader.

These Spiritual Leaders have very different origins and backgrounds, but all of them are "new" Spiritual Leaders qualified to assist us prior to the Shift.

Your "regular" guides, spiritual leader, guardian angel etc., will of course not abandon you now when they really are needed the most. The Spiritual Leader has been carefully selected just for you, because of its specific knowledge and experience of many similar kinds of Shifts and also because of its knowledge of your coming reaction and experience of the coming Shift.

The choice has also been made due to its specific connection with you as a human on Earth. You also of course, have a prior historic background, but not from this Earth.

You can meditate and search for a contact and connection with your Spiritual Leader and then do the meditation below.

Meditation for Contact with Your Spiritual Leader

- Prepare the room or your outdoor environment prior to the meditation.
- Create a peaceful and relaxed surrounding, with no disturbing sounds or phones.
- For the best result, use the star layout with the two Diamond Shapes with the square on top. Put a bigger candle on top of them.
- Light the candle and close your eyes.
- Search within for your inner light, you will find it at the height of your Heart Chakra.
- Relax and try to really see the light within.
- After a little while, the light becomes lit up from above, like from a bright spotlight.

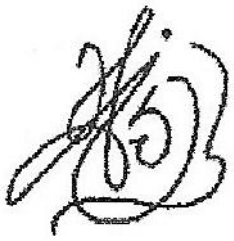
- A white, white ray of light comes down from the Universe's Holy Well of Light. That light meets your inner light, they meet and play together, like in a dance of light.
- Continue to think of the light and ask to meet your Spiritual Leader.
- Relax a little bit more and then ask the Spiritual Leader to come and stand behind you.
- Let the Spiritual Leader put his/her hands on your shoulders.
- Then ask the Spiritual Leader to touch your Heart Chakra, on the outside and physically on your back.
- Ask the Spiritual Leader to blend its inner light with you and establish a link between the two of you.
- Most likely the Spiritual Leader will draw a Sign on your back by the Heart Chakra.
- After this, the Spiritual Leader touches your Crown Chakra and then he/she walks around to your front side.
- Continue having your eyes closed and touch the Sign below.
- Send out the Sign with two fingers in the air in front of you and to your Spiritual Leader. This will manifest your connection with each other and show that you have accepted your new Spiritual Leader.
- **Note!** Only manifest in this way if you are totally satisfied with the feeling of your new Spiritual Leader.
- If you for some reason do not like the feeling of your new Spiritual Leader and want to have another one with another feeling, then thank the one in front of you and ask to have another one.
- You can also break a link that already has been established after some time, with the Sign below.
- Then use the thought and wish for a new or other Spiritual Leader.

Sign for the Spiritual Leader.



When you continue your contacts with your Spiritual Leader, use the Starting Sign until you have established your own ways of communication. Remember that closeness and touch makes the feeling of friendship and trust grow.

Starting Sign for Continued Communication

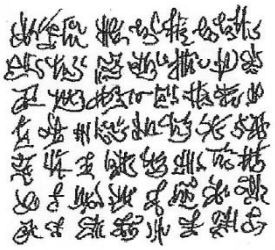


Diamond Shape

Copy two Diamond shapes. Place the two Diamond shapes on top of each other to create a Star shape and then place the Square (Below) on top of the Star shape for use in the meditation above.







Written by Channie Centara adapted from the Free Newsletters